



LIFE SUPPORT ASSESSMENT SUMMARY SHEET

NAME:

DATE:

Life Support Description

Comments

1 Demonstrate the assessment and treatment of a simulated unconscious casualty

- Check for Dangers
- Check Response
- Shout/Call for help
- Turn Unconscious casualty onto back
- Open airway
- Check for NORMAL breathing
- Demonstrate the action for Vomiting
- Turn into recovery position
- Make an emergency call to alert the ambulance
- Describe how your actions would differ if casualty responds during the above sequence

2 Demonstrate the assessment and treatment of an unconscious non-breathing adult casualty

- Check Dangers
- Check response
- Shout/Call for help
- Open Airway (Head Tilt/Chin Lift)
- Check for NORMAL breathing
- Make emergency call
- Perform 30 chest compressions
- Hand in centre of chest
- Depth of compressions (4-5cm)
- Rate of compression (100 /min)
- Count out loud chest compressions
- 2 rescue breaths
- Repeat 30:2 for 2 mins

3 Life Support Questions  
4-6 on

- Differences between adult/child/infant
- Choking
- Bleeding
- Shock

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